

1 **A Further Look at Q_1 and Q_2 from TOGA COARE**

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ABSTRACT

Two features of Yanai et al.'s profiles of Q_1 and Q_2 – the commonly observed double-peak structure to Q_2 and an inflection in the Q_1 profile below the melting level – are explored using estimates of convective and stratiform rainfall partitioning based on Massachusetts Institute of Technology (MIT) radar reflectivity data collected during TOGA COARE. The MIT radar data allow the Q_1 and Q_2 profiles to be classified according to stratiform rain fraction within the radar domain and, within the limitations of the data sets, interpretations to be made about the relative contributions of convective and stratiform precipitation to the mean profiles.

The sorting of Q_2 by stratiform rain fraction leads to the confirmation of previous findings that the double-peak structure in the mean profile is a result of a combination of separate contributions of convective and stratiform precipitation. The convective contribution gives a lower drying peak, which when combined with the stratiform component drying peak aloft (along with moistening at low levels), yields the double-peak structure. With respect to the inflection in the Q_1 profile below 600 hPa or 4 km, this feature appears to be a manifestation of cooling by melting just below the 0°C level, which has a prominent impact due to the broad areal coverage of stratiform precipitation. We conclude, then, that the rather subtle features in the Q_1/Q_2 profiles of Yanai et al. are directly linked to effects of stratiform precipitation systems, which are integral components of tropical convection.

23 1. Introduction

24 A conceptual breakthrough in understanding how tropical cloud systems interact with
 25 their environment was achieved through the landmark paper of Yanai et al. (1973), wherein
 26 the now-familiar Q_1 (apparent heat source) and Q_2 (apparent moisture sink) were defined.
 27 However, well prior to the 1973 study, Yanai (1961) introduced Q_1 and Q_2 in a paper
 28 entitled “A Detailed Analysis of Typhoon Formation,” which investigated the dynamic and
 29 thermodynamic properties of the formation of typhoon Doris 1958 in the western Pacific.
 30 Vertical profiles of Q_1 and Q_2 – the first ever to be presented– were shown in Yanai (1961)
 31 for the period of the transformation of Doris from a cold-core to warm-core tropical cyclone.

32 Following Yanai et al. (1973), but including ice processes, we write the equations for the
 33 apparent heat source and moisture sink as follows:

$$\begin{aligned}
 Q_1 &\equiv \frac{\partial \bar{s}}{\partial t} + \bar{\mathbf{v}} \cdot \nabla \bar{s} + \bar{\omega} \frac{\partial \bar{s}}{\partial p} \\
 &= L_v(\bar{c} - \bar{e}) + (L_v + L_f)(\bar{d} - \bar{s}_*) + L_f(\bar{f} - \bar{m}) + Q_R - \frac{\partial}{\partial p}(\overline{s'\omega'}) , \tag{1}
 \end{aligned}$$

$$\begin{aligned}
 Q_2 &\equiv -L_v \left[\frac{\partial \bar{q}}{\partial t} + \bar{\mathbf{v}} \cdot \nabla \bar{q} + \bar{\omega} \frac{\partial \bar{q}}{\partial p} \right] \\
 &= L_v(\bar{c} - \bar{e}) + L_v(\bar{d} - \bar{s}_*) + L_v \frac{\partial}{\partial p}(\overline{q'\omega'}) , \tag{2}
 \end{aligned}$$

34 where c , e , d , s_* , f , and m are condensation, evaporation, deposition, sublimation, freezing,
 35 and melting rates; q is the water vapor mixing ratio; $s \equiv c_p T + gz$ the dry static energy; Q_1
 36 the apparent heat source; Q_2 the apparent moisture sink; Q_R the net radiative heating rate;
 37 L_v and L_f the latent heats of vaporization and fusion; overbar refers to a horizontal average;
 38 and primes a deviation from this average.

39 Yanai et al. (1973) used 1956 Marshall Islands sounding data to compute Q_1 and Q_2 and
 40 then applied a simplified cloud model to diagnose the bulk properties of cumulus ensembles,
 41 which provided substantial insight into properties of tropical convective systems and how

42 they impact their environment. The profiles of Q_1 and Q_2 obtained by Yanai et al. (1973)
43 for the Marshall Islands for the period 15 April–22 July 1956 are shown in Fig. 1, along
44 with radiative heating Q_R estimates from Dopplick (1972). They found a primary peak in
45 Q_1 in the upper troposphere, whereas the principal Q_2 peak was in the lower troposphere.
46 Yanai et al. (1973) pointed out that the separation of the Q_1 and Q_2 peaks is indicative of
47 vigorous deep convection, i.e., strong vertical eddy fluxes of moist static energy $h(\equiv s + L_v q)$.
48 Since the profiles are averages over a three-month period, they represent contributions from
49 both convective and stratiform components of precipitation systems, which have distinctly
50 different heating and moistening profiles (Houze 1982, 1989; Johnson 1984). Just how the
51 structure of the heating profile varies in the vertical is of considerable interest, since that
52 determines the dynamical response of the environment to convection (Hartmann et al. 1984;
53 Raymond and Jiang 1990; Nicholls et al. 1991; Schumacher et al. 2004).

54 A curious feature of the Q_2 profile is its double-peaked structure, which has also been
55 found for the GARP Atlantic Tropical Experiment (GATE) (Esbensen et al. 1988), as well
56 as for other experiments such as the more recent *Mirai* Indian Ocean Cruise for the Study
57 of the MJO Onset (MISMO) (Katsumata et al. 2011). This feature has been attributed
58 by Johnson (1984) and Esbensen et al. (1988) to the separate contributions of convective
59 and stratiform precipitation systems. Namely, condensation and deposition aloft associated
60 with stratiform precipitation produces the upper peak while condensation in convective
61 precipitation the lower peak. Placed in a time perspective, the vertical motion and hence
62 heating and drying typically undergo an evolution (on time scales ranging from diurnal to
63 the life cycle of tropical cloud clusters) from a low-level peak in the vertical motion (and
64 heating) in the early stages to an upper-level peak in the later stages Houze (1982); Johnson
65 and Young (1983). This evolution has since been documented on longer time scales ranging
66 up to the 30-60 day Madden-Julian Oscillation (MJO), as reviewed by Kiladis et al. (2009).

67 It is the purpose of this article to delve further into the relationship between the Q_1
68 and Q_2 profiles and convective/stratiform rain partitioning using radar and sounding data

69 from an experiment which is now celebrating its twentieth anniversary – the 1992-93 Trop-
70 ical Ocean Global Atmosphere Coupled Ocean-Atmosphere Response Experiment (TOGA
71 COARE) conducted in the western Pacific (Webster and Lukas 1992). However, we first
72 note that the experiment-mean TOGA COARE Q_1 and Q_2 profiles (Johnson and Ciesielski
73 2000) are different from those of the Marshall Islands, GATE, and MISMO. To illustrate this
74 difference, a comparison of the mean profiles for MISMO and TOGA COARE is shown in
75 Fig. 2 (from Katsumata et al. 2011). Notably absent from the COARE results are low-level
76 peaks in heating and drying. This behavior was also found over the northern South China
77 Sea during the May-June 1998 South China Sea Monsoon Experiment (SCSMEX; Johnson
78 and Ciesielski 2002). Johnson and Lin (1987) explained the unique feature of the COARE
79 profiles as a consequence of frequent trade-wind-like, nonprecipitating cumulus clouds dur-
80 ing the quiescent and westerly-wind-burst phases of the MJO. These clouds were prevalent
81 during dry midtropospheric conditions and served to moisten the lower troposphere, thereby
82 producing prolonged periods of negative Q_2 , as also observed during the Barbados Oceano-
83 graphic and Meteorological Experiment (BOMEX; Nitta and Esbensen 1974). In contrast,
84 during the active phase of the MJO, Q_1 and Q_2 distributions much like those of Yanai et al.
85 (1973) were observed (Fig. 3 of Johnson and Lin 1987).

86 In this paper we will use radar data from the Massachusetts Institute of Technology
87 (MIT) radar aboard the *R/V Vickers* during COARE (Rickenbach and Rutledge 1998) to
88 relate the heating and moistening profiles to the stratiform/convective rain fractions derived
89 by that radar to further elucidate the factors contributing to the observed mean Q_1 and Q_2
90 profiles for that experiment.

91 2. Data and analysis procedures

92 *a. Radar data*

93 Radar reflectivity data from the MIT C-band Doppler radar, deployed aboard the *R/V*
94 *Vickers* processed by Rickenbach and Rutledge (1998) are used in this study. The position
95 of the *Vickers* within the COARE Intensive Flux Array (IFA) is shown in Fig. 3 along with
96 other sounding sites in the region used in the budget analyses. (Rickenbach and Rutledge
97 1998, their Fig. 2) indicate the time periods of the radar and sounding operations during
98 the four-month COARE Intensive Observing Period (IOP: November 1992–February 1993).
99 Convective/stratiform rain partitioning was carried out using a slight modification of the
100 method of Steiner et al. (1995) applied to 10-min radar reflectivity volumes. The mean
101 stratiform rain fraction for the three cruises of the *Vickers* was determined to be 28%,
102 somewhat less than the $\sim 40\%$ estimate for this region by Schumacher and Houze (2003)
103 obtained from the Tropical Rainfall Measuring Mission (TRMM) precipitation radar (PR).
104 However, as we will see later, the MIT-based estimate is somewhat greater if we remove the
105 periods of trade wind cumulus from the average.

106 *b. Sounding data and averaging methodology*

107 Six-hourly sounding data were objectively analyzed onto a 1° by 1° grid at 25-hPa inter-
108 vals from 1000 to 25 hPa over the large-scale COARE domain using procedures described in
109 Ciesielski et al. (1997) and incorporating humidity sensor corrections as outlined in Ciesiel-
110 ski et al. (2003). The resulting gridded basic and derived fields were then averaged over
111 the circular MIT radar coverage area shown in Fig. 3. The distribution of sounding sites in
112 proximity to the *Vickers* is reasonably good, so analyses over this region are deemed fairly
113 reliable, apart from other issues such as data gaps and random sampling errors (Mapes et al.
114 2003).

115 **3. Results for four-month TOGA COARE Intensive Ob-** 116 **serving Period**

117 A time series of Q_1 and Q_2 for the COARE IOP is shown in Fig. 4, along with the
118 stratiform rainfall fraction based on MIT radar data for the three cruises of the *Vickers* and
119 average rainfall for the MIT radar coverage area derived from the moisture budget, where
120 the Woods Hole Oceanographic Institution IMET (Improved METeorology) buoy is used
121 for surface evaporation. A prominent MJO event occurred in December, characterized by
122 a transition from shallow convection (low-level peak in Q_2) early in the month followed by
123 deep convection mid-month and then stratiform precipitation (drying above moistening) at
124 the end of the month (Lin and Johnson 1996). Consistent with this evolution is an increasing
125 trend in the stratiform rainfall fraction through December as determined by the MIT radar.

126 Conspicuous in Fig. 4 are several ~ 10 -day to two-week periods of negative Q_2 in the
127 lower troposphere. These features were described by Johnson and Lin (1987) as episodes
128 of trade-wind-like shallow cumulus existing during very dry low-to-midtroposphere condi-
129 tions. The moistening in November occurred during light surface wind conditions, whereas
130 the episodes in late-December and February were during strong winds. They noted that
131 when winds were strong during these shallow cumulus periods, there was greater moistening
132 (negative Q_2) near cloud base in association with sub-inversion (Esbensen 1978) or forced
133 (Stull 1985) type cumuli that were, in part, a manifestation of overshooting boundary layer
134 eddies. When winds were light, the cumuli were slightly deeper [“inversion penetrating”
135 after Esbensen (1978) or “active” after Stull (1985)] and the moistening peaked in the upper
136 part of the cloud layer (similar to the Atlantic trades, Nitta and Esbensen 1974). Higher
137 sea-surface temperature (by 1 K) and weaker shear observed during the November period
138 likely contributed to the more active cumuli at that time.

4. Relating Q_1 and Q_2 to stratiform rain fraction

The frequent occurrence of trade-wind regimes over the warm pool during COARE can be attributed to “dry intrusions” that were observed in association with the MJO (Parsons and Coauthors 1994; Numaguti et al. 1995; Yoneyama and Fujitani 1995; Mapes and Zuidema 1996), which helped to inhibit the growth of convection (e.g., Redelsperger et al. 2002). Johnson and Lin (1987) focused on Q_1 and Q_2 during these trade-wind-like periods by averaging the profiles for times when precipitation was less than 3.5 mm day^{-1} , the average surface evaporation rate during COARE. Alternatively, to explore the characteristics of deep convection during COARE, we *remove* the effects of these periods by including only those times when the precipitation *exceeded* 3.5 mm day^{-1} . The resulting Q_1/Q_2 profiles are shown in Fig. 5. They now look much like those of Yanai et al. (1973) in Fig. 1, namely, possessing a double-peak structure to Q_2 (though with several additional peaks) and an inflection in the Q_1 profile near 650 hPa.¹ Therefore, to interpret the Yanai et al. (1973) profiles in light of the COARE results, we subsequently restrict analyses to the dates and times that make up Fig. 5 (a total of 184 six-hour periods).

Q_1 and Q_2 profiles as a function of stratiform rain fraction (SRF) are shown in Fig. 6. As SRF increases, there is a transition from vertically separated, single peaks in heating and drying in the low- to midtroposphere to nearly coincident peaks at higher levels, consistent with an evolution in the precipitation from mostly convective to mainly stratiform in character (Luo and Yanai 1984). The evolution for Q_2 is more complex than that for Q_1 , with multiple drying peaks aloft above a moistening peak in the lower troposphere. The low-level drying peaks between 700 and 800 hPa for $\text{SRF} > 40\%$ likely reflect the effects of convection coexisting with stratiform precipitation.

¹Both the Marshall Islands and the western Pacific Q_1 profiles also show peaks near 150 hPa. These peaks may not represent any physical processes, rather they may be artifacts of applying the boundary condition $\omega = 0$ at the tropopause or 100 hPa such that some upward motion acting on weak stability above the lapse-rate minimum (Fueglistaler et al. 2009) produces a local heating maximum.

162 Another way of viewing this transition is by comparing profiles for different values of SRF
 163 (Fig. 7). In this plot SRF values shown are averages for the following SRF bins: <20%, 20-
 164 30%, 30-40%, 40-50%, 50-60%, and >60%. The number of cases in each bin is 41, 53, 29, 17,
 165 15, and 29, respectively. Although there is considerable noise in the profiles (especially for
 166 Q_2), the transition from convective to stratiform structure with increasing SRF can clearly
 167 be seen. Also evident for large values of SRF is an inflection in the Q_1 profile below 600 hPa
 168 near 4 km. This feature has been attributed to cooling by melting, which has been seen in
 169 observations (e.g., Johnson et al. 1996) and cloud-resolving models (e.g., Shie et al. 2003).
 170 The inflection in Q_1 is also observed in the Yanai et al. (1973) Marshall Islands Q_1 profile
 171 (Fig. 1).

172 Due to the abundant precipitation over the warm pool, melting leaves a measurable
 173 and persistent effect on the static stability. Melting takes place over a relatively shallow
 174 layer (\sim 300-400 m deep, Willis and Heymsfield 1989) below the 0°C level. Freezing of
 175 hydrometeors occurs at levels above 0°C , but over a deeper layer; nevertheless, the combined
 176 effects of freezing above melting serves to increase the static stability at the 0°C level and
 177 also from $L_v(\bar{f} - \bar{m})$ in (1), the vertical gradient in Q_1 there. However, when computing Q_1
 178 from sounding data, it is the LHS of (1) that is calculated and since the vertical advection
 179 term $\bar{\omega}\partial\bar{s}/\partial p$ is usually the dominant term in that calculation, the impact of freezing and
 180 melting perturbs $\partial\bar{s}/\partial p$ and hence the Q_1 profile. To illustrate this effect, a time series of
 181 static stability, represented as dT/dz in Fig. 8, shows a persistent stable layer in proximity
 182 to 0°C . This stable layer is strongest during periods of heaviest rainfall, so its linkage to
 183 melting is perceptible. Also seen in Fig. 8 is a persistent, though fluctuating in intensity,
 184 trade-wind stable layer, which tends to be strongest during periods of light rainfall and
 185 negative low-level Q_2 (Fig. 4).

186 Because the stratiform precipitation systems cover large areas, their impact on the tem-
 187 perature field is significant. This effect is seen in Fig. 9, where for SRF $> 50\%$, a shallow
 188 cool anomaly is present in a layer below the melting level, accompanied by a deeper moist

189 layer aloft. For the largest values of SRF, there are both warm and dry anomalies centered
 190 just below 800 hPa. These features are manifestations of “onion soundings,” often observed
 191 in association with the stratiform precipitation regions of tropical squall lines or cloud clus-
 192 ters (Zipser 1977). This structure can also be seen in Fig. 10, a plot of the mean relative
 193 humidity for $\text{SRF} > 60\%$ and $< 20\%$. For large values of SRF, moist conditions exist above
 194 0°C , indicative of stratiform anvil clouds aloft, with dry conditions below. In contrast, the
 195 mostly convective situations ($\text{SRF} < 20\%$) are characterized by a relatively dry mid- to upper
 196 troposphere. The two contrasting profiles in Fig. 10 are consistent with the bimodal relative
 197 humidity behavior (drought and rainy periods) reported by Brown and Zhang (1997) for
 198 COARE. For the lowest values of SRF (Fig. 9), dry conditions are observed in the midtro-
 199 posphere, which suppress cloud development.

200 Also observed for large SRF values (Fig. 9) is a layer of cooling near the tropopause
 201 (~ 150 hPa), a feature commonly observed atop mesoscale convective systems in the tropics
 202 (Johnson and Kreite 1982; Holloway and Neelin 2007). In addition, a cool anomaly is
 203 observed near the surface for increasing values of SRF, indicative of extensive modification
 204 of the boundary layer by downdrafts as the stratiform rain amounts and associated area
 205 coverage increases (Zipser 1977; Fitzjarrald and Garstang 1981).

206 In the computation of Q_2 from large-scale fields, the dominant term is $\bar{\omega}\partial\bar{q}/\partial p$. Time
 207 series of the individual contribution to this term are shown in Fig. 11. There is a clear
 208 upward shift in the vertical motion peak as SRF increases. The average SRF for the cases
 209 considered here (those for rainfall exceeding 3.5 mm day^{-1}) is 36% , somewhat higher than
 210 the 28% for the entire MIT radar period. Viewing the $\bar{\omega}$ time series and noting that half
 211 the rain is above $\text{SRF} = 36\%$ and half below, it is readily apparent that the double-peak
 212 structure to Q_2 arises from the individual convective and stratiform contributions.

213 To confirm that the term involving $\bar{\omega}\partial\bar{q}/\partial p$ is the principal contributor to Q_2 , time series
 214 of both fields are shown in Fig. 12. Overall, the broad pattern and evolution of both fields
 215 are similar, showing distinctly different vertical structures for small and large values of SRF.

216 5. Summary and conclusions

217 It has been four decades since the landmark paper of Yanai et al. (1973) diagnosing
218 apparent heat sources Q_1 and moisture sinks Q_2 , as well as convective transports based on
219 a simplified cloud model, using Marshall Islands data. In subsequent years, numerous field
220 campaigns in the tropics and midlatitudes have been conducted computing Q_1 and Q_2 , with
221 results similar to those of Yanai et al. In this paper we explore aspects of those heating and
222 moistening profiles using estimates of convective and stratiform rainfall partitioning based
223 on MIT radar reflectivity data from the *R/V Vickers* during TOGA COARE (Rickenbach
224 and Rutledge 1998). Particular attention is given to (i) the commonly observed double-peak
225 structure to Q_2 and (ii) an inflection in the Q_1 profile below the melting level.

226 The MIT radar data allow the Q_1 and Q_2 profiles to be classified according to stratiform
227 rain fraction and, within the limitations of the data sets, interpretations to be made about the
228 relative contributions of convective and stratiform precipitation to the mean profiles. Radar
229 data from the three cruises of the *Vickers* are used along with gridded fields constructed from
230 the COARE sounding array and averaged over the MIT radar coverage area. To remove
231 periods when trade-wind-like cumulus were present during COARE, times were selected for
232 analysis when the average rainfall rate over the MIT area exceeded 3.5 mm day^{-1} . This
233 criterion resulted in 184 six-hourly periods, for which the average stratiform rain fraction
234 was 36%.

235 The sorting of Q_2 by stratiform rain fraction leads to the conclusion that its double-peak
236 structure is a result of the separate contributions of convective and stratiform precipitation,
237 as suggested by Johnson (1984), Esbensen et al. (1988), and others. The convective contri-
238 bution gives a lower drying peak, which when combined with the stratiform contribution of
239 a drying peak aloft (along with moistening at low levels), yields the double-peak structure.
240 With respect to the inflection in the Q_1 profile below 600 hPa or 4 km, this feature appears
241 to be a manifestation of cooling by melting just below the 0°C level, which has a prominent
242 impact due to the broad areal coverage of stratiform precipitation. We conclude, then, that

243 the rather subtle features in the Q_1/Q_2 profiles of Yanai et al. (1973) are directly linked to
244 effects of stratiform precipitation systems, years ago identified by Zipser (1969, 1977) and
245 Houze (1977) as integral components of tropical convection. With the recent completion of
246 the DYNAMO (Dynamics of the MJO) field campaign in the Indian Ocean (October 2011–
247 March 2012), the opportunity exists to further extend this analysis to another tropical ocean
248 basin.

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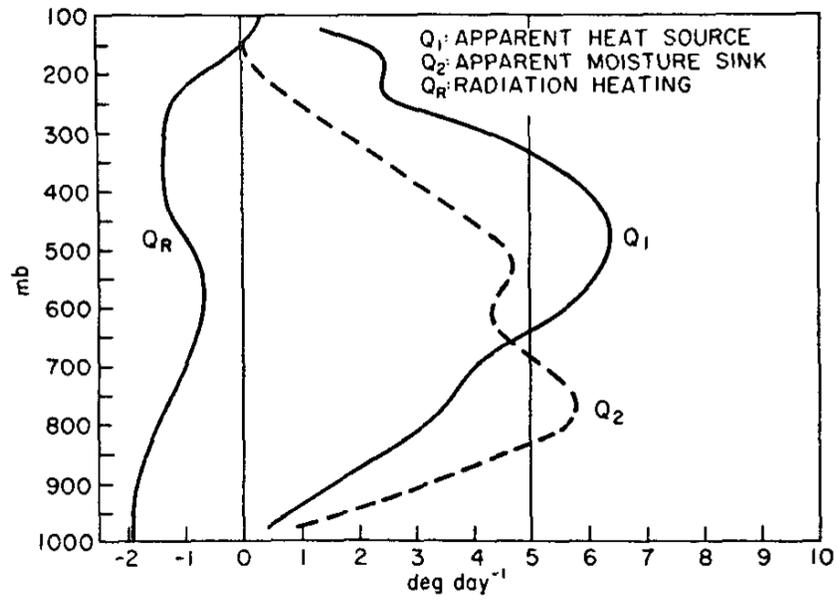


FIG. 1. Apparent heat source Q_1 , apparent moisture sink Q_2 , and net radiative heating rate for Marshall Islands. From Yanai et al. (1973).

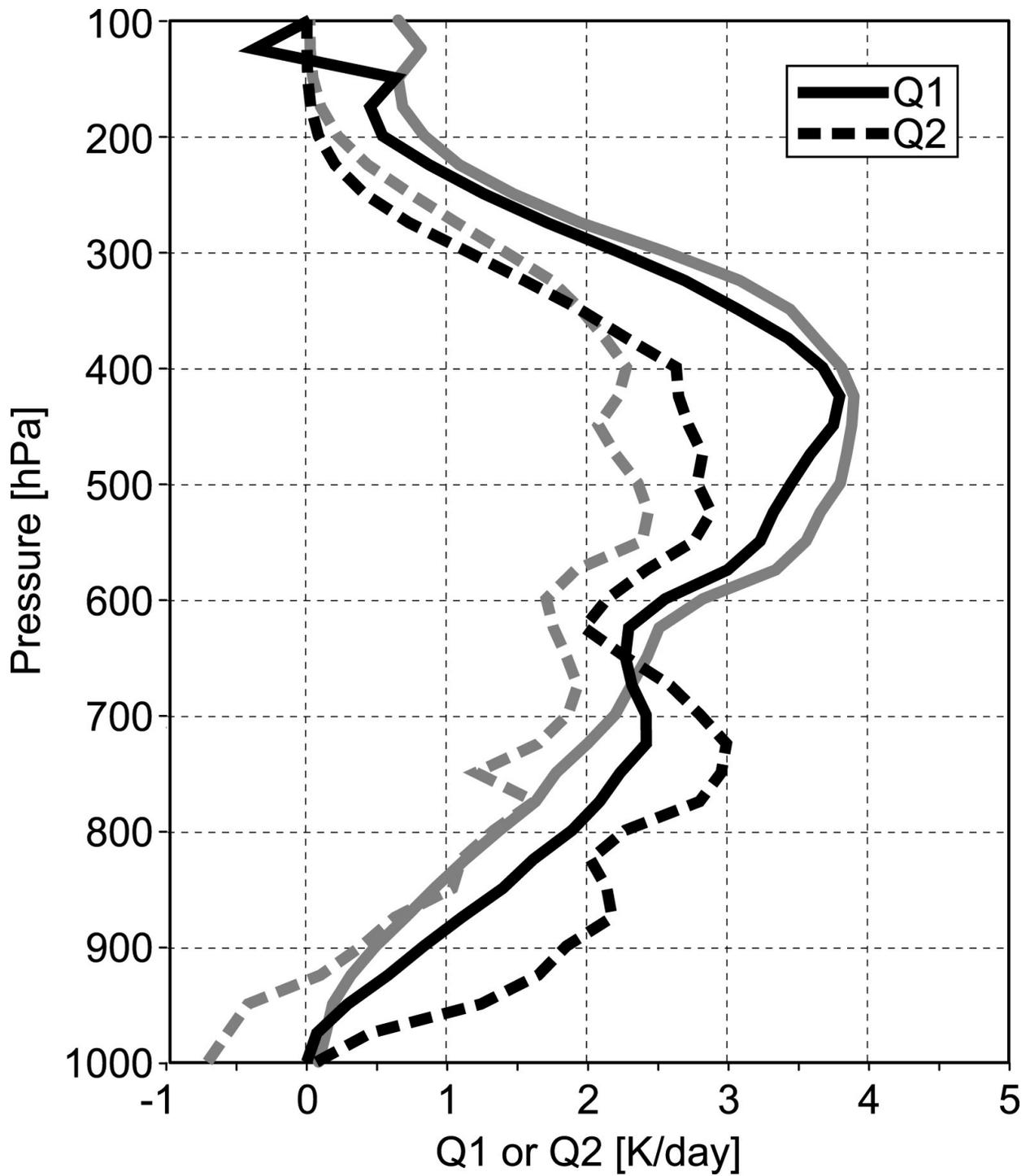


FIG. 2. Apparent heat source Q_1 and apparent moisture sink Q_2 for MISMO in the Indian Ocean (dark curve) and TOGA COARE IFA (light curve). From Katsumata et al. (2011).

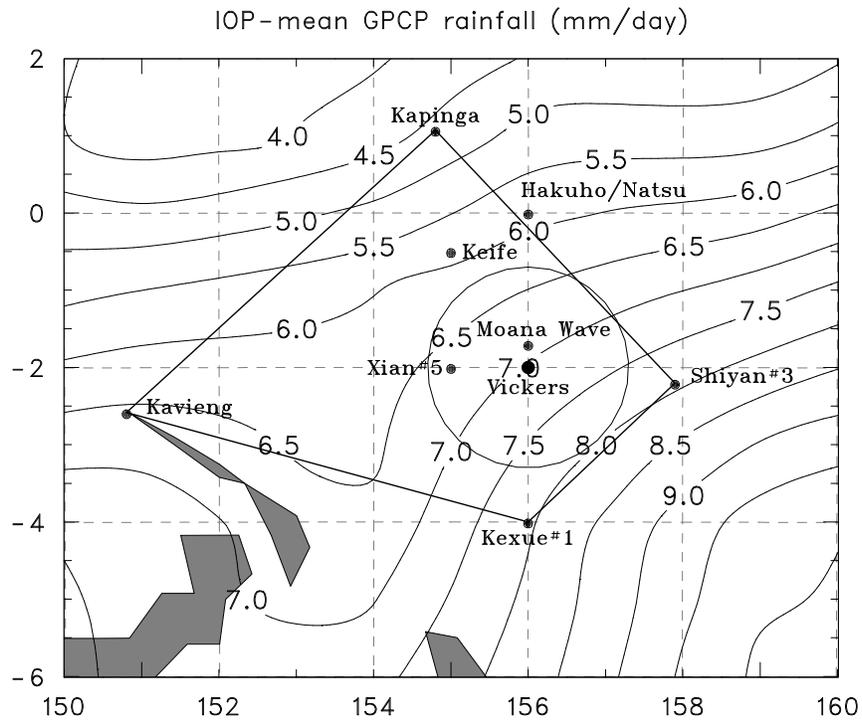


FIG. 3. TOGA COARE Intensive Flux Array (solid lines), atmospheric sounding sites, and 4-month mean COARE rainfall (color; mm day^{-1}) from Global Precipitation Climatology Project (GPCP). Circle indicates 120-km radius radar study area. MIT radar was aboard *R/V Vickers*.

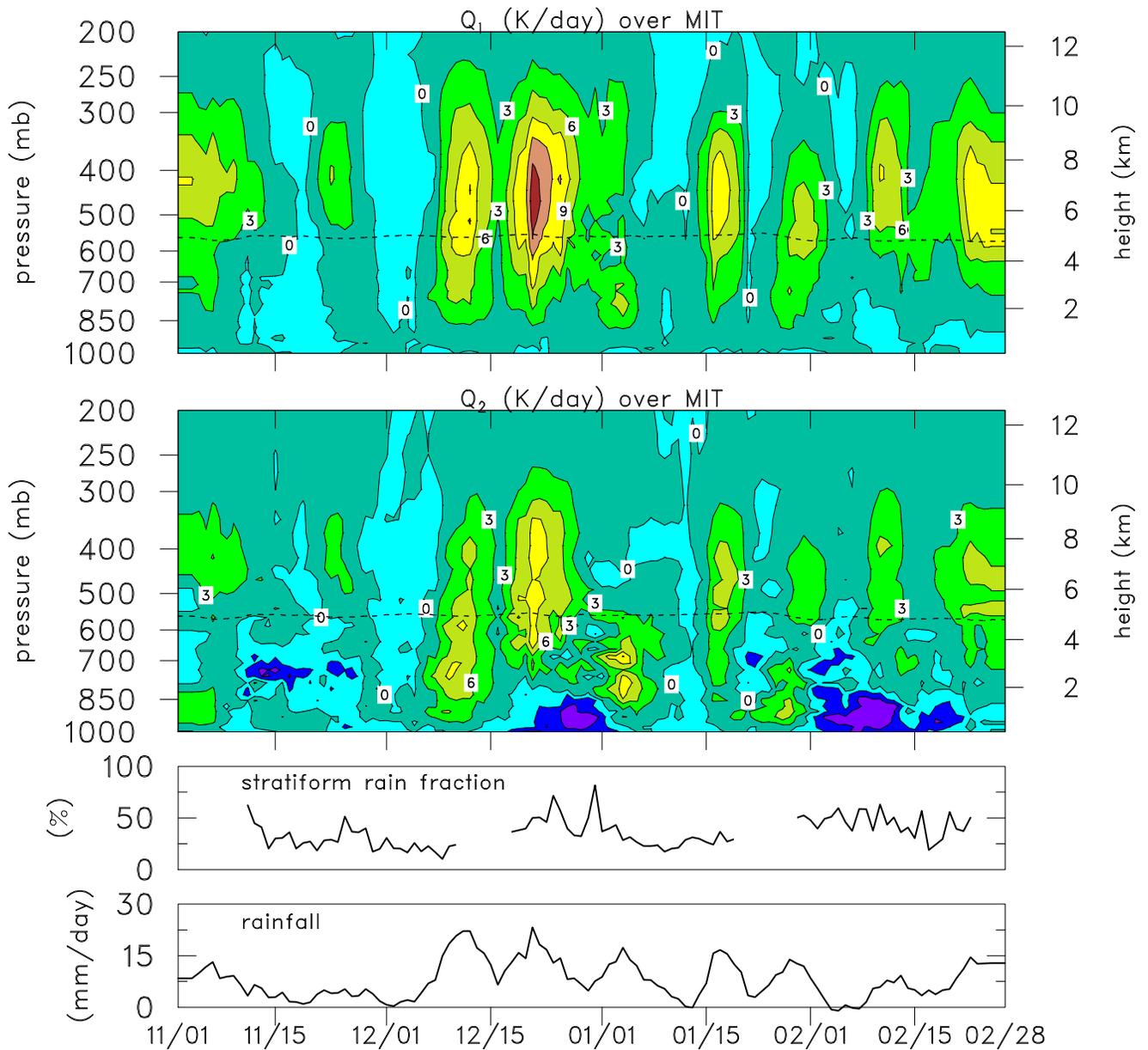


FIG. 4. (top panels) TOGA COARE IOP time series of Q_1 and Q_2 , horizontal line indicates 0° level; (third panel) time series of stratiform rain fraction; and (bottom panel) moisture-budget-derived rainfall. Budget fields and rainfall have been smoothed with a 5-day running mean filter. All fields are for MIT radar area.

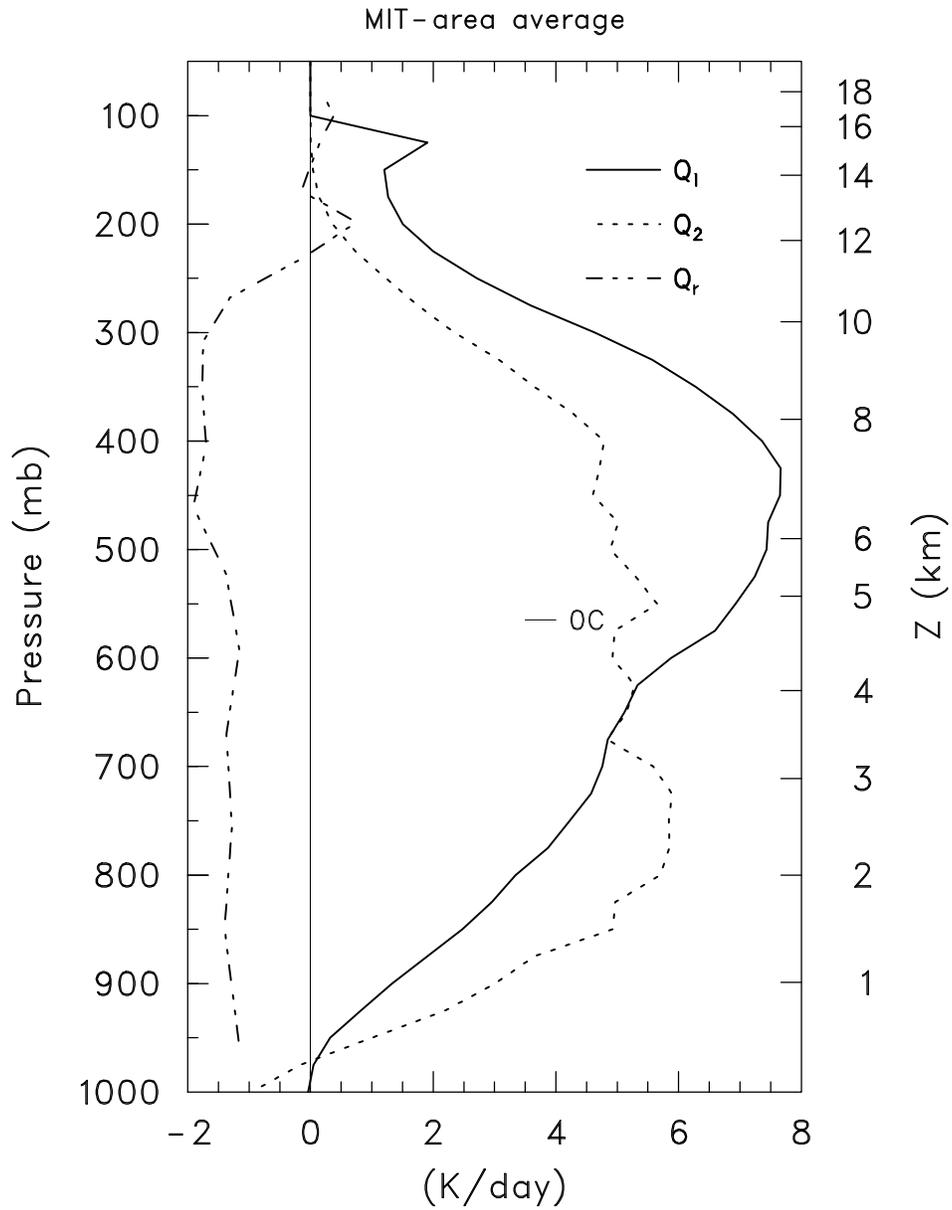


FIG. 5. Average Q_1 and Q_2 profiles for MIT radar coverage area for times when precipitation from the atmospheric moisture budget over this area exceeded 3.5 mm day^{-1} . Q_R profile is from L'Ecuyer and Stephens (2003) based on 13-yr (1998-2011) mean over this region. 0°C level is indicated.

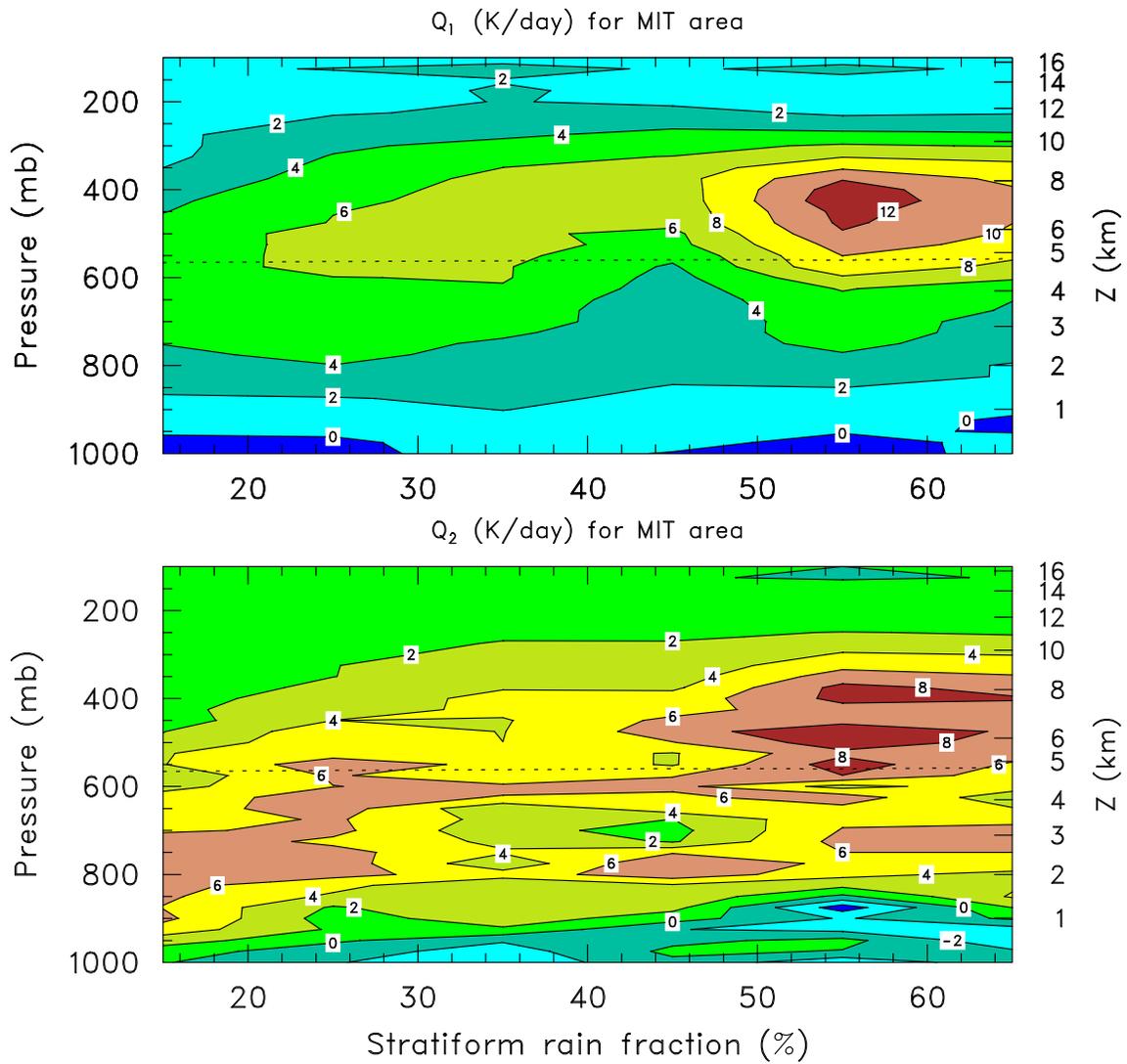


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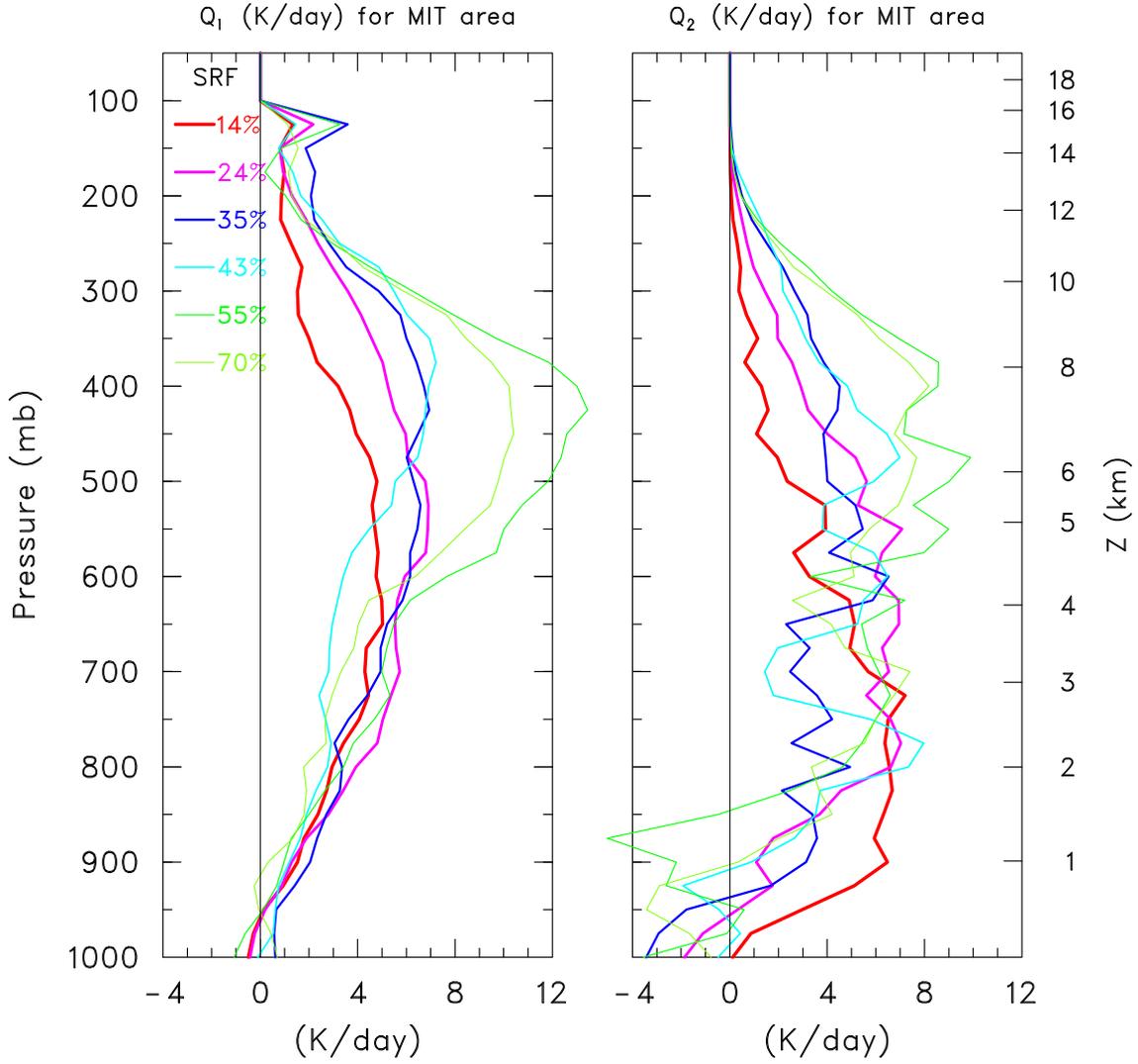


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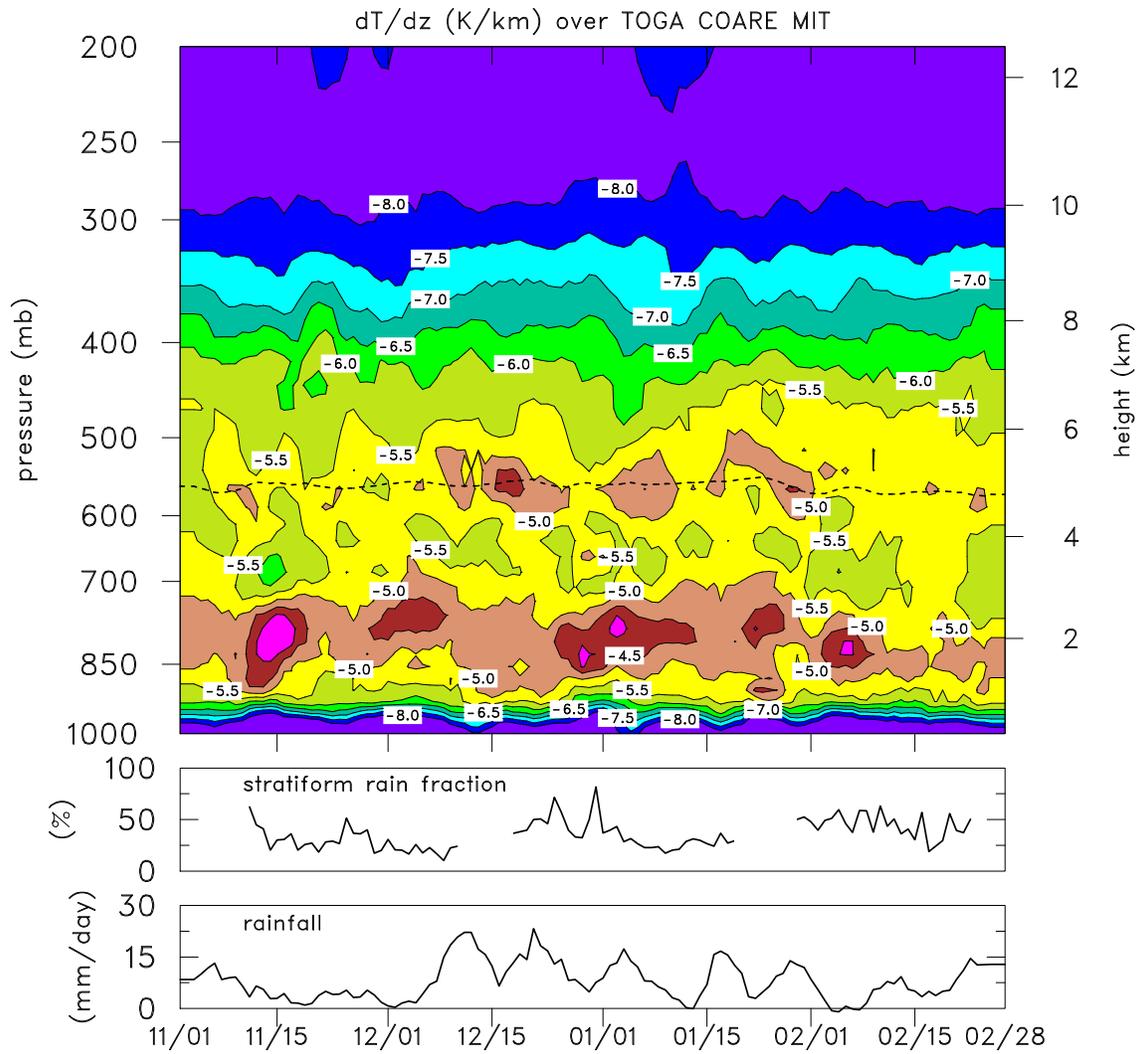


FIG. 8. (top panel) TOGA COARE IOP time series of static stability dT/dz , horizontal line indicates 0° level; (middle panel) time series of stratiform rain fraction; and (bottom panel) moisture-budget-derived rainfall. All fields are for MIT radar area.

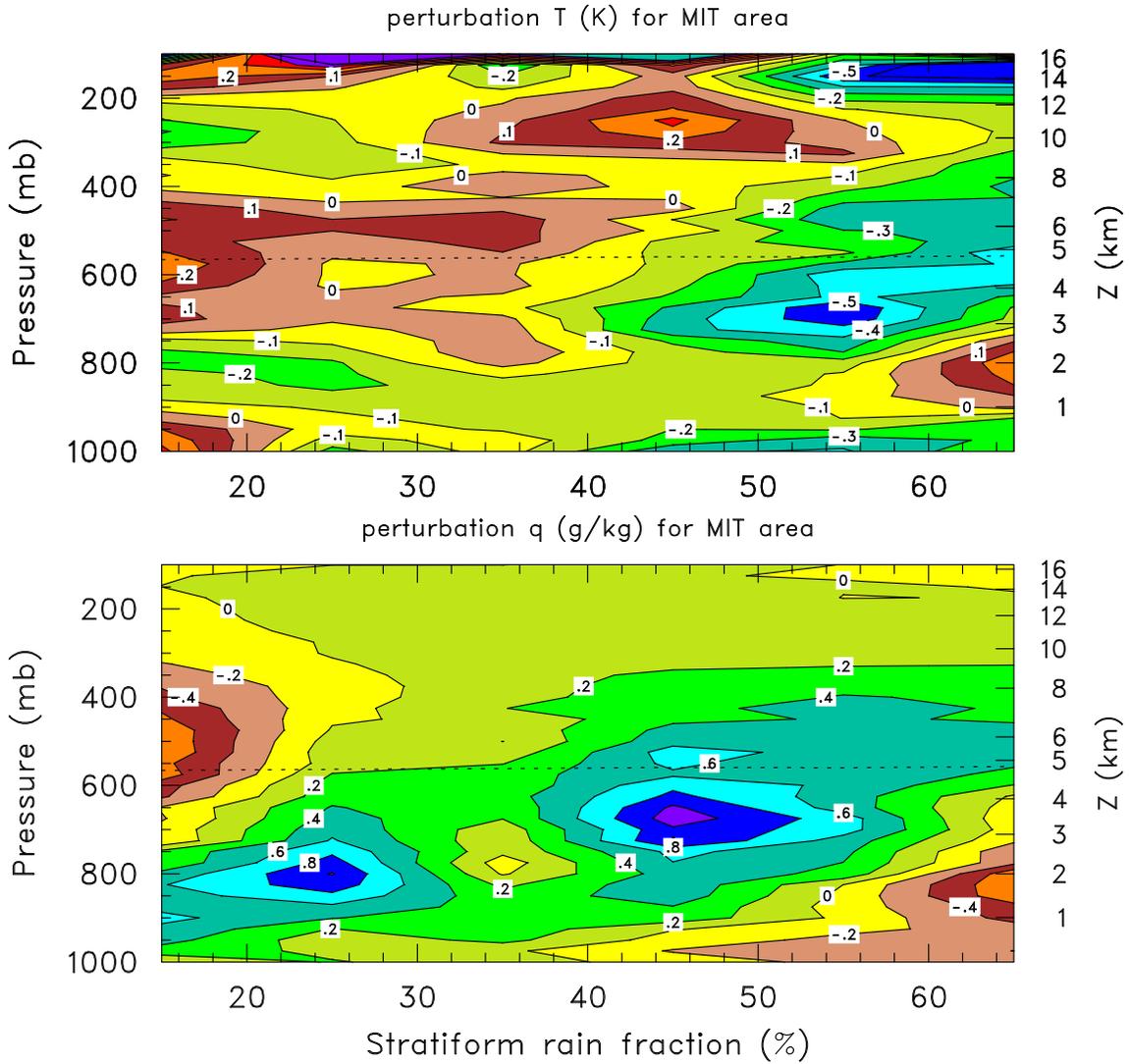


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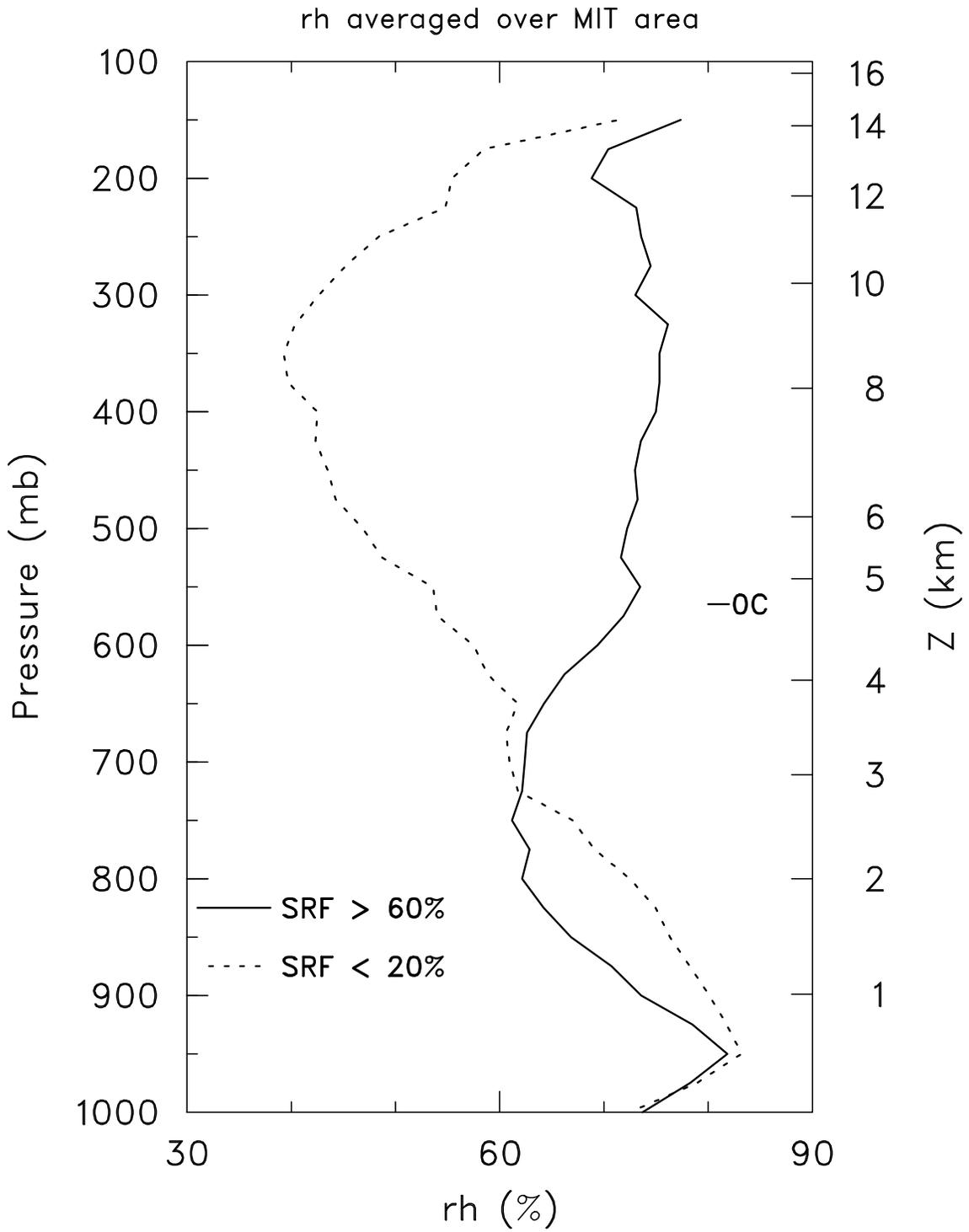


FIG. 10. Relative humidity (with respect to ice for $T < 0^{\circ}\text{C}$) for stratiform rain fraction $>60\%$ (solid curve) and $<20\%$ (dashed curve).

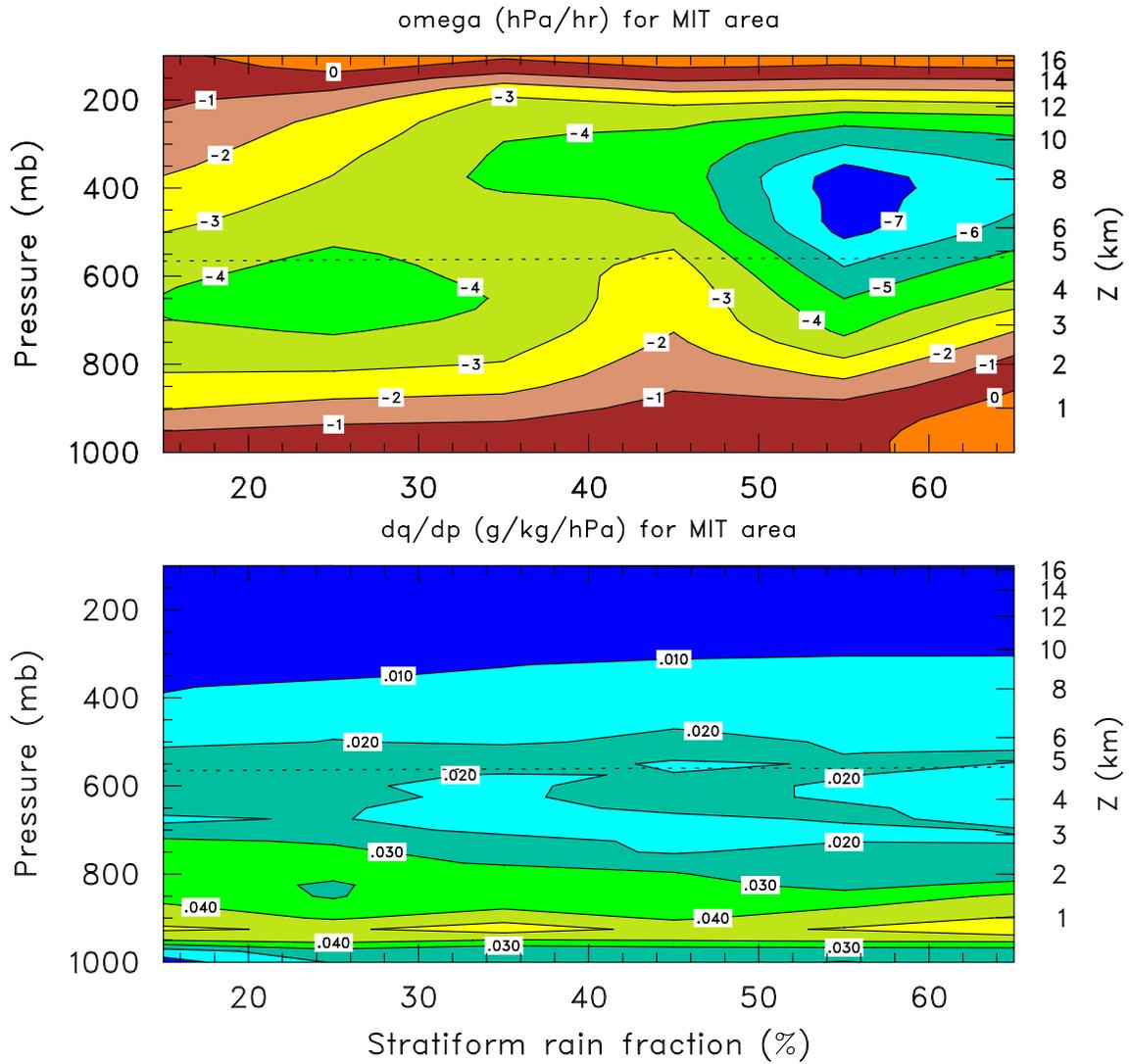


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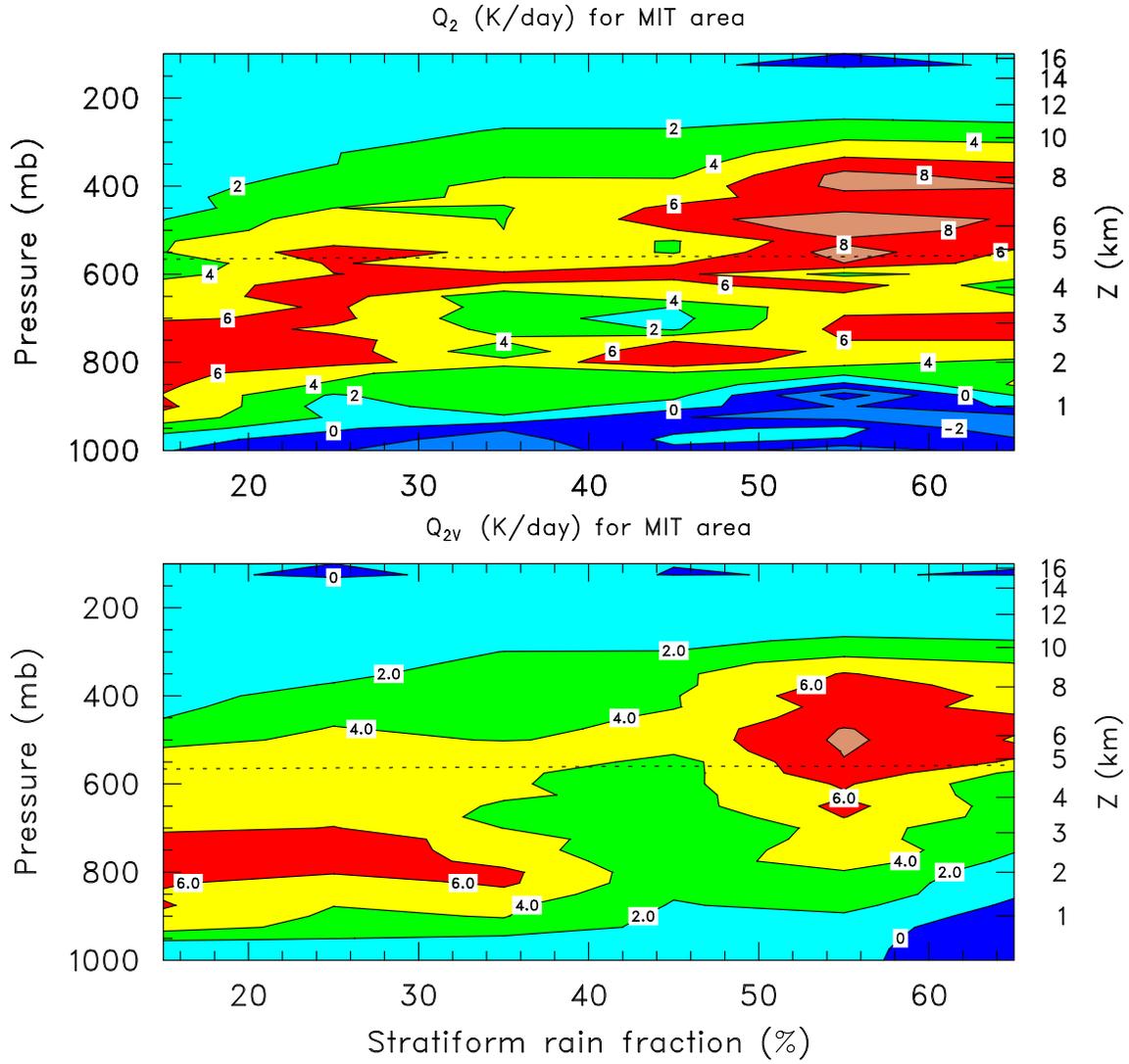


FIG. 12. (top) Q_2 and (bottom) $-L_v \bar{\omega} \partial \bar{q} / \partial p$ (K day^{-1}) as a function of stratiform rain fraction for the MIT radar coverage area during TOGA COARE for times when moisture-budget-derived rainfall over that area exceeded 3.5 mm day^{-1} . Dashed line indicates 0°C level.